



Course Descriptor AHND495 Internship

Proposed Academic Year	2020-2021	Last Reviewed Academic Year	
Course Code	AHND495	Course Title	Internship
Credit hours	14	Level of study	Bachelor
College / Centre	CAHS	Department	FSHN
Co-requisites		Pre-requisites	AHND 485, AHND 486

1. COURSE OUTLINE

Dietetic Internship allows students to participate in a 500 hour supervised work experience in hospitals, primary health care centers or other health care facilities as per the MoU signed by ASU with Ministry of Health. Since the University does not have an affiliated teaching hospital, the number of students and their distribution among host institutions would depend on the capacity and permissions given by the ministry.

The entire internship program would be supervised jointly by the host facility and a teaching dietitian from the University working under Internship coordinator. The students would be able to get hands on experience in operations of Hospital food service, diet calculations, tray line operations and administration of therapeutic diets. The students will also get an opportunity to work with dietitians in nutritional assessment, dietary intervention protocols and counseling techniques.

2. AIMS

Depending on the variety of placements and the breadth of exposure that the student receives at each health care facility and food service operations, the student will learn, experience, or accomplish several objectives including a practical involvement in Hospital food service, diet calculations, tray line operations and administration of therapeutic diets. Students also get an opportunity to have hands on experience in menu planning, recipe development, engage in quantity food preparation, monitor of all aspects of food service operations. Students also observe and learn various aspects of NCP, documentation, ethics and conduct of dietetic profession, program planning, and counseling techniques.

3. LEARNING OUTCOMES, TEACHING, LEARNING and ASSESSMENT METHODS

Learning Outcomes (Definitive)	Teaching and Learning methods (Indicative)	Assessment (Indicative)
Upon successful completion of this course, students will be able to:		
1. Demonstrate active participation, teamwork and contributions in group settings	Demonstrations and /on-site trainings	Performance assessment by mentor, Presentations and Report
2. Apply nutrition knowledge and Establish collaborative relationships with internal and external stakeholders, including patients, clients, care givers, physicians,	Demonstrations and /on-site trainings	Performance assessment by mentor, Presentations and Report



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nurses and other health professionals, administrative and support personnel to facilitate individual and organizational goals		
<p>3. Perform the Nutrition Care Process and use standardized nutrition language for individuals, groups and populations of differing ages and health status, in a variety of settings:</p> <ul style="list-style-type: none"> • Assess the nutritional status of individuals, groups and populations. • Diagnose nutrition problems and create problem, etiology, signs and symptoms (PES) statements. 	Demonstrations and /on-site trainings	Performance assessment by mentor, Presentations and Report
<p>4. Plan and implement nutrition interventions to include prioritizing the nutrition diagnosis, formulating a nutrition prescription, establishing goals and selecting and managing intervention.</p>	Demonstrations and /on-site trainings	<i>Performance assessment by mentor, Presentations and Report</i>
<p>5. Monitor and evaluate problems, etiologies, signs, symptoms and the impact of interventions on the nutrition diagnosis.</p>	Demonstrations and /on-site trainings	<i>Performance assessment by mentor, Presentations and Report</i>
<p>6. Complete documentation that follows professional guidelines, guidelines required by health care systems and guidelines required by the practice setting</p>	Demonstrations and /on-site trainings	<i>Performance assessment by mentor, Presentations and Report</i>



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4. ASSESSMENT WEIGHTING

Assessment	Percentage of final mark (%)
Punctuality and discipline	Pass
Performance assessment by mentor	Pass
Performance assessment by Teaching dietitian	
Presentations, reports and viva	
Conclusions and outcome of project	Pass
TOTAL	100%

5. ACHIEVING A PASS

Students will achieve **xx** credit hours for this course by passing **ALL** of the course assessments [*alternatively, list the compulsory pass assessments**] and achieving a **minimum overall score of xx%**

NB *Ensure that ALL learning outcomes are taken into account

6. COURSE CONTENT (Indicative)

Out-of-campus internship:

Dietetic internships include supervised practice experience in clinical, community nutrition and foodservice management. Such structured experiences are provided at hospitals and Primary Health Care Clinics. Students will be jointly supervised by the assigned teaching dietitian from the CAHS and the mentor from the training facility.

Students are expected to work approximately 30-35 hours/week for 16 weeks (a total of 500 hours), during which time they are expected to behave in a professional manner and remember they are representing ASU. Students are expected to dress professionally. Students are expected to respect the institution they are training at and respect patient/client confidentiality. They may be required to sign a confidentiality agreement at your training site or with your mentor.

Practicum Journals

All the students are required complete a weekly practicum journal. Each journal will have:

1. Objective Observations – Factual listings of what you did and observed.
2. Subjective Observations – Your impressions and reactions to what you did and observed. This is reserved for your opinions and reactions. Compare what you have learned at the university with the “real world” or “a simulated environment”. Consider the atmosphere of the workplace. Explain how you would change things if you were in-charge. Discuss what you like and dislike about the workplace.

Each weekly journal should list the date and practicum location as well as it must contain the log of hours and locations



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